The PTCS provides enrolled students with psychological assessment to address academic performance questions related to ADHD, learning disabilities, Asperger’s Syndrome, emotional disorders, and other cognitive processing issues. A diagnostic work-up includes initial consultation to review student history and educational documentation. Psychological testing is recommended when further information is required to pinpoint student problem areas. Interventions developed from the assessment process link students with local resources to optimize academic success.
The MSU Counseling Center offers reduced cost testing and consultation services to students with learning, attention or other academic performance concerns. The first step is to call (355-8270) or come in to the Counseling Center (207 Student Services) for a brief screening. At this point a counselor helps the student determine the next steps to address the problem. When students are referred to our Psychological Testing & Consultation Services they are contacted and provided details about the assessment process and costs. For students with insurance this may include off-campus referrals for therapy, psychological testing, psychiatric assessment, or a primary care doctor.

What Does the PT&CS Offer to Students?

What is Consultation?

Consultation happens first to determine if psychological testing is necessary. Prior to meeting the psychologist reviews existing student records such as medical and educational reports. During a one-hour appointment the psychologist may determine that enough information already exists to offer diagnostic conclusions and recommendations. This is most often the case for students with previous documentation of ADHD, learning disabilities or mental health treatment.

Consultation and Testing Fees

Consultation - $150.00. Fee covers a one-hour appointment and a brief consultation summary report. There is an additional fee of $350.00 for psychological testing through the PT&CS. Check or money order is the accepted method of payment.

What Makes Me Think I’ve Got ADHD?

Whether you are a freshman, senior or graduate student you probably have experienced academic performance difficulties at one time. This may have been isolated to one particularly hard class, or perhaps to a broader extent across several classes for a semester or series of semesters. Having Attention-Deficit/Hyperactivity Disorder (ADHD) is a common question that comes to many students’ minds. An estimated adult prevalence of ADHD in the U.S. is around 4.4%. While less than 5 out of every 100 adults has the condition a significantly larger majority mistaken their problems as ADHD-related. A variety of alternative reasons can account for focusing and academic issues such as effective study skills, adequate preparation in one’s chosen field of study, reasonable expectations for effort required to get the desired result, lifestyle distractions, undetected or extended medical illness or mental health problems. Counseling Center data from the last four years supports these far likelier explanations. Psychological assessment can be helpful when student patterns of academic difficulty are hard to pinpoint. To help with next steps see checklist at www.counseling.msu.edu/do_I_have_ADHD